



60 years of "People Helping People"

November 2017

The Lake Chapala Society

www.lakechapalasociety.com

Annual Giving Campaign Update

The LCS is well into the 2017 Annual Giving Campaign which will wrap up December 31. LCS requires funding over and above that provided by dues, fees and special events, so the Annual Giving Campaign is vital to continuing our important role in the promoting the well-being of our members and the entire Lakeside community.

The LCS Board of Directors has stepped up to the challenge by introducing a donation matching program. For every three pesos donated, the board will contribute one peso. Your \$1,000 peso donation will grow to \$1,333 pesos.

Donate through the LCS website using PayPal and follow the donation links, or make your donation in person at the LCS Service Office. Major credit cards are accepted. U.S. donors may receive a tax deductible receipt by making a check (USD/Canadian or Mexican pesos) payable to: "Foundation for Lake Chapala Charities", specifying the intent of your donation, (e.g. annual giving). Include your email address to receive your tax deduction letter.

Place the check and your information in an envelope marked to the attention of Emile Badawy in the Service Office. (At this LCS is limited to offering tax deductions to US citizens, but we are working diligently on finding a method to offer this to Canadian citizens as well.)

Lake Chapala Society offers more than 90 programs, services, and activities: from helping newcomers successfully integrate into our community, to providing continuing education and stimulation for our longer-term residents, and health services open to the entire Lakeside community.

If you are not currently a member, consider becoming a good friend to the entire Lakeside community by supporting the Lake Chapala Society.

Respectfully,

George Radford

Vice President and Chair of the Fund Development Committee

Intro to Lakeside - For Newbies

New to Lakeside? LCS in partnership with Lake Chapala Resource Academy, is pleased to present "Introduction to Lakeside" available to LCS members only. You'll learn about your new community, your new neighbors and your new neighborhoods. Topics include:

Daily life: banking, shopping, medical, transportation, etc.

Housing information: major housing developments, utility payments, maids and gardeners

Cultural insights: fiestas, greetings and other social protocols.

Thursday, October 12, from 9 a.m. to 1 p.m. Seating is limited, sign up soon in the Service Office. Cost is \$250 MXN per person and includes a copy of Street Smart Maps.

LCS Health Day

Friday November 17, 9:30 a.m. on the Patio

Health services are open to the public. No membership is required.

Shots Pay when administered. Prices subject to change.

**Note: flu and pneumonia may be taken together. Shingles and hepatitis series cannot be taken with any other immunization shot.*

Influenza	500 pesos
Pneumonia for Life (Prevnar 13)	1,600 pesos
Pneumonia - 5 year	650 pesos

**Must sign up in the office for Zostavax and hepatitis shots*

Zostavax (shingles vaccine)	2,300 pesos
Hepatitis A & B series	1,200 pesos
Typhoid	700 pesos

CPR Class by Red Cross: 12 to 2 p.m. 200 pesos

**Sign-up and donate in office – class is limited to 30 participants. Donations will benefit Red Cross.*

Blood Pressure Check: 9:30 a.m. to 1p.m. Free

Diabetes Screening: 9:30 a.m. to 1p.m. Free

**Note: eat a high carb meal 2 hours before testing, i.e. pancakes, oatmeal, granola, fruit, honey, etc.*

Hearing Services: 9:30 a.m. to 1:30 p.m. Free screenings for those interested in purchasing hearing aids. 20% discount will be offered on hearing aid orders. *No hearing aid repairs.*

**Sign-up in office.*

How to Die in Mexico: A Primer for Foreigners Free presented by Cynthia Guzman of Funeraria San Francisco South Campus Board Room from 10:30 to 11:30 a.m.

Suspect a Stroke or Heart Attack? Free Presented by Dr. Gabriel Varela, Neurosurgeon Sala 2 p.m.

All Health Day services are open to the public.

No membership is required.

Upcoming PEP Classes

LCS' popular Personal Enrichment Program for members will return with a variety of courses. Each course is taught by knowledgeable, experienced professionals with extensive backgrounds in their particular areas of expertise.

History of Tourism in Mexico, and The Grand Sweep of Mexican History, (Daniel Grippo, PhD), Prospects Beyond Man, (Daniel Bassett), and Traditional Pre-Hispanic Nutrition (Ricardo Navarro). All courses will be held in the South Campus Boardroom with the exception of Traditional Pre-Hispanic Nutrition which will held in the kitchen at the Wilkes Education Center. Check the website for details.

This is a members-only program. You must be a member of LCS to attend, and your membership must be current for the duration of the program.

Wanted!

Garden Crew needs volunteers to trim, plant, weed, and maintain our lovely gardens.

¡**Que Ganga!** needs volunteers Mondays and Thursdays.

For more information about volunteer opportunities, see the website at volunteer@lakechapasociety.com or fill out an application in the Service Office.

Introduction to Spanish

This casual class for the beginner that covers the Spanish alphabet, simple vocabulary and phrases useful about town, and information about Lakeside and Mexican culture.

In December we will offer two sessions due to popular demand.

Starting the first Tuesday of the month and continuing for three weeks, the December session will start Tuesday, December 5, on the LCS campus.

Sign up for:

Class A - 12 to 1:30 p.m. on the Gazebo;

or

Class B - 2 to 3:30 p.m. in the Sala;
in the Service office.

Learning materials are provided. Tuition is \$175 pesos. Sign up at the LCS office or on our website.

This is a members-only program. You must be a member of LCS to attend, and your membership must be current for the duration of the program.

Activities Added or Resumed For November

Android For Beginners Class If you are a new (or puzzled) owner of an Android smartphone and/or tablet this may be for you. This class will be held in two parts on successive Thursdays, November 30 and December 7 in the *Sala* from 9:30 a.m.-12 p.m. Open to members only and class size is limited to 20 participants. Register at androidclass@saundersinmexico.com. Include your LCS member number. Membership must be current at the time of the registration and active throughout the course.

Bocce Ball has resumed on Tuesdays from 2-3 p.m.

Learn Bridge or brush up on your skills kslcs@live.com.

Scrabble will take place on Mondays and Fridays, beginning in November in the *Sala TIMES?*

Blood Pressure Screening will be held on Mondays and Fridays beginning in November from 10 to 12 p.m..

Cane Fu Self Defense Learn simple techniques to defend yourself using a cane, walking stick or your hands as weapons. The second four-week class begins Wednesday, November 15 from 2-3 p.m. in the Gazebo. Drop-ins welcome.

Introduction to iPhone/iPad will be held Tuesday, November 14, from 9:30 to 11:30 a.m. in the *Sala*. Open to LCS members only. Register by email at LCS.TECH.TRAINING@gmail.com. Membership must be current throughout the course. Class size limited to 20.

Apple iPhone Basics (applies to iPad as well) Do you know how to reboot your phone when it's stuck? Do you know how to copy and paste? Do you know how to backup your data on your phone? *If you can answer "yes" to these questions you do not need this class.*

We will cover the basics of using these Apple devices well as buttons, installing applications, and good apps to have.

Interested in Volunteering ?

Check out the LCS website to fill out the required form: lakechapasociety.com/weebly/volunteer.php. Put your life skills to work here at LCS. We're always looking for volunteers who can add their expertise to the programs we offer our members and the Lakeside community at large.

Neill James Winter Lecture Series for 2017- 2018 Lecturers Needed!

This popular series of lectures returns for the of 2017-2018 winter season . We plan to have 18 lectures at 2 p.m. on Tuesdays in the LCS *Sala* between December 5, 2017 and April 17, 2018. We need your assistance in identifying and enlisting people to present lectures for this series.

Those of you who have attended lectures in the past might like to participate again, or you may know of someone who is interested in giving a presentation.

If you or someone you know is interested in giving a lecture, please forward information on proposed lectures to Rick Rhoda at rrhoda730@gmail.com with the name of the lecturer, lecture topic and preferred date.

Dates: *December, 2017: 5, 12, 19, January, 2018 2, 9, 16, 23, 30; February 6, 20, 27; March 6, 13, 20, 27; and April 3, 10, 17.*

UP
NOVIEMBRE /3 /2017

CANTINFLAS
el Padrecito
NOVIEMBRE /10 /2017

RATATOUILLE
NOVIEMBRE /17 /2017

LA TERCERA PALABRA / PEDRO INFANTE
NOVIEMBRE /24 /2017

CINEMA

¡CADA VIERNES!
7:00 PM / SIN COSTO!

GALEANA #18 / NEIL JAMES BIBLIOTECA PÚBLICA / WILKES EDUCATION CENTER

November Activities

*Open to the Public ** US Citizens (S) Sign in (C) Member card

Health Insurance *

IMSS & Immigration Services Mon+Tues 10-1
Lakeside Insurance Broker Tues+Thur 11-2
San Javier Hospital last Fri 10-12

Health and Legal Services *

Becerra & Galindo Services Thurs +Sat Nov 11+25 10:30-12:30
Blood Pressure Mon+Fri 10-12
Hearing Aid Services (S) Mon+2nd and 4th Sat 11-4
Ministerio Publico Wed Nov 1+22 10-2
Optometrist Claravision (S) Thur 9-3
Skin Cancer Screening (S) 2nd + 4th Wed 10-12
US Consulate** Wed Nov 8 10:30 Sign up 10

Lessons(C)

Cane Fu Self Defense Wed 2-3 p.m.
Chair Yoga Fri 2-3
Children's Art Sat 10-12*
Children's Chess Club Sat 12-1
Clases de Bordado Artístico Mon 3-6, Wed & Fri 4-6
Exercise Mon+Wed+Fri 9-10
Exploring Spanish Wed 12-1:30 Sat 11-12:30
Fitness Thru Yoga Mon 2-3:30
Intermediate Hatha Yoga Tues+Thur 2-3:30
Introduction To Spanish (S) Tues 12-1 cost
Introduction to Lakeside (S) Thurs 9-1
Line Dancing Tues+Thurs 10-11:15
Photography Club 1st Mon 12-2
Scottish Country Dancing Thurs 11:30-1:30
Stretch and Balance Exercise Tues+Thurs 8:45--9:45
Tai Ch Chih Fri 10-12
Warren Hardy Spanish Classes (S) Mon-Sat check office
Write-to-Prompt Writers' Group Thurs 10-12
Zumba Gold Begins Nov 15 Wed 10-11

Libraries

Audio Thur 10-12
Book & Video Mon-Sat 10-2
Library of Congress Books*/ Talking Books Thurs 10-12
Wilkes Mon-Fri 9:30-7, Sat 9:30-1*

Social Activities (C)

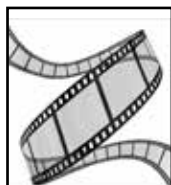
All Things Tech Fri 10-11:30
Bocce Ball Tues 2-3
Bridge 4 Fun Tue+Thurs 1-5
Conversaciones en Español Mon 10-12
Creatively Mindful Art Wed 11-12:30
Discussion Group A Wed 11-1:30
Discussion Group B Wed 11-1:30
Everyday Mindfulness Mon 10 -12
Film Aficionados Thurs 2-4:30
Games Group Mon 1-4
Needle Pushers Tues 10-12
NextChapter Book Group 2nd Thurs 1-3:30
Scrabble Mon+Fri 11:30-1:30
Spanish/English Conversation Sat 11-12:30
TED Learning Seminars Tues 12-1:15
Tournament Scrabble Tues 12-1:50

Service and Support Groups *

ASA Board Meeting Wed Nov 1 10:30-12
Al-Anon (in Spanish) Mon 6-7:30, Wed 5:30-7:30
Information Desk Mon-Sat 10-2
Lake Chapala Painting Guild 2nd Fri 1:30-3:30
Lakeside AA Mon +Thurs 4:30-5:30
Open Circle Sun 10-11:30
Smart Recovery Mon 2:30-4
Toastmasters Mon 7-8:30 p.m.

Ticket Sales: Monday-Friday 10-12 a.m.*

Video Library Additions November



The library needs couriers to bring back DVDs to help us keep our inventory current. We order them on-line, pre-pay them, and have them delivered to the address of your choice. If you can help, email Tom Keane at keanhombre@prodigy.net.mx. Thank you.

Here are some new additions. They are not new movies; they are new additions. There do not seem to be many new movies that would interest the LCS members available right now. If you have any suggestions for films of interest, we would love to hear them.

Easy A #7721 (2010 Comedy 7.1)

After a little white lie about losing her virginity gets out, a clean cut high school girl sees her life paralleling Hester Prynne's in Hawthorne's "The Scarlet Letter"

Zodiac #7725 (2009 Crime 7.7)

In the late 1960s, a San Francisco cartoonist becomes an amateur detective obsessed with tracking down the elusive Zodiac Killer.

Penelope #7723 (2006 Comedy 6.9)

A romantic tale about a young aristocratic heiress born under a curse that can only be broken when she finds true love with "one who will accept her as one of their own."

The Fountain #7736 (2006 Drama 7.3)

Three stories - one each from the past, present, and future about men in pursuit of eternity with their love. Hugh Jackman

The Jacket #7729 (2005 Drama 7.1) A Gulf war veteran is wrongly sent to a mental institution for insane criminals. When he becomes the object of a doctor's experiments, his life is completely altered. Adrian Brody and Kiera Knightley

Cold Mountain #7726 (2003 Adventure 7.2)

In the waning days of the American Civil War, a wounded soldier embarks on a perilous journey back home to Cold Mountain, North Carolina to reunite with his sweetheart. Jude Law and Nicole Kidman

The Pledge #7719 (2001 Crime 6.9)

The night he retires as a Nevada sheriff, Jerry Black pledges to find the killer of a woman's murdered daughter. Jack Nicholson.

The above movies can be reviewed in the green catalogs. We have researched every source of films available and we have *all* of the good ones. Honest, we do.

If you have any suggestions for additional movies, please let us know. Remember, they should be the type of films that will appeal to the majority of our members. Thank you.

Mark your Calendars

December 1- 2, 2 to 6 PM

Holiday Gift Fair

Support local artisans and peruse the variety of beautiful handicrafts, just in time for the gift giving season.

TED Talks Learning Seminars

Tuesdays In the Sala 12 noon to 1:15 p.m. Members only. Bring your card.

Nov 7-- Can a Divided America Heal?

How can the US recover after the negative, partisan presidential election of 2016? Social psychologist Jonathan Haidt studies the morals that form the basis of our political choices. In conversation with TED Curator Chris Anderson, he describes the patterns of thinking and historical causes that have led to such sharp divisions in America -- and provides a vision for how the country might move forward.

Nov 14 Why People Believe Weird Things

Michael Shermer asks, "Why do people see the Virgin Mary on a cheese sandwich or hear demonic lyrics in "Stairway to Heaven"? Skeptic Michael Shermer shows how we convince ourselves to believe -- and overlook facts.

Nov 21 Is the War on Drugs Doing More Harm Than Good?

In this bold talk, drug policy reformer Ethan Nadelmann makes an impassioned plea to end the "backward, heartless, disastrous" movement to stamp out the drug trade. He gives two reasons why we should focus on intelligent regulation.

Nov 28 There's More to Life Than Being Happy

Our culture is obsessed with happiness, but what if there's a more fulfilling path? asks writer Emily Esfahani Smith. Having meaning in life -- serving something beyond yourself, gives you something to hold on to.

Upcoming Bus Trips

Wednesday, November 8 Guadalajara Zoo

Join us for an visit to the world-renowned Guadalajara Zoo. Cost is \$440 pesos for members and \$540 pesos for non-members-includes bus transportation, train ride, safari and aquatic show. Cable car ride is extra at \$43 pesos. Bring bottle(s) of water and a light bag lunch. Food and beverages available inside the park. Purchase tickets at LCS Service Desk. Bus leaves the sculpture in La Foresta at 9 a.m.

Thursday, November 16 Costco and Home Depot at Lopez Mateos Shop Home Depot for home and garden needs and then on to Costco and Mega. Cost is \$350 pesos for members/\$450 pesos non-members. The bus will leave from the sculpture in La Foresta promptly at 9:30 a.m.

Coming up in December:

December 7 Andares Mall

December 18 Costco/Galerias Mall

December 27 Tlaquepaque



Thursday Film Aficionados

Open to LCS members only. Bring your card. All films shown in the Sala from 2-4 p.m. No food. No pets.

November 2 Megan Leavey 2017- USA

Based on the true life story of a young Marine corporal and a combat dog. (109 minutes)

November 9 The Other Side of Hope 2017 Finland

A poker-playing restaurateur and a former traveling salesman befriend a group of refugees newly arrived in Finland. Directed by the great Finnish director Aki Kaurismaki. (96 minutes)

November 16 Red Sorghum 1987 China

In 1930's China a young woman is sent by her father to marry the old owner of a winery. In the nearby sorghum fields she falls for one of the workers. An early film of Chinese director Zhang Yimou and starring Gong Li. (85 minutes)

November 22* (Wednesday) Afterimage 2017 Poland

The story of charismatic painter Wladyslaw Strzeminski who opposed socialism's realism and maintained his own artistic freedom in spite of political obstacles. (95 minutes)

November 29 The Divine Order 2017 Switzerland

Switzerland, 1971: Nora is a housewife and mother who lives in a peaceful village near Zurich with her husband and two sons. None of the huge social upheavals that started a few years earlier in the cities is felt here in the village, but change is coming! (93 minutes)

*NOTE: LCS is closed on Thanksgiving Day, November 23. This film will be shown a day early on Wednesday, November 22. Discussion will follow.

COSTCO returns November 3, Friday for membership sales.



Follow Us on Facebook

Follow us on Facebook. Keep up on all things LCS. Like us at www.facebook.com/lakechapasociety.

U.S. Passport Update

Updated passport information is available in the Service Office. You may use the reverse of the new form for faster service when you need to obtain the required check for passports services from Banamex in Chapala.

The updated form reflects the change, if any, in fees required for passport services. Applicants with checks drawn for the previous higher fees will receive change reflecting the difference. Nothing else has changed.

Ask for the new form at the Service Desk in the office..

THE LAKE CHAPALA SOCIETY, A.C.

16 de Septiembre #16-A, Ajijic, Jalisco LCS Main Office: (376) 766-1140

Office, information and other services - Monday-Saturday, 10:00 AM to 2:00 PM Grounds open until 5:00 p.m.

LCS BOARD OF DIRECTORS

President - Ben White (2018); Vice-President - George Radford (2019); Treasurer - Michael Searles (2019); Secretary - Carole Wolff (2018); Directors: Dee Dee Camhi (2019); Nicolas Hanson (2019); Cate Howell (2018); Philip Newbold (2018); Philip Rylett (2018); Roberto Serrano (2019) Janis Sirany (2019)

Immediate Past President: Howard Feldstein. * Executive Director - Terry Vidal

The LCS Newsletter is published monthly. Deadline for submissions is the 17th of the month preceding publication.

Submit all news items to lcsnewsletter2016@gmail.com

Note: The editorial staff reserves the right to edit all submissions according to time, space availability and editorial decision.