



Over 60 years of "People Helping People"

October 2017

# The Lake Chapala Society

www.lakechapalasociety.com

## LCS Campus: Planning for the Future

The LCS Board of Directors has been working to address our aging campus infrastructure and prepare for the future growth of our organization as the baby boomers in the U.S. and Canada retire in record numbers.

Our challenges include:

- Aging buildings (70 plus years old) which require constant and increasing maintenance.
- Buildings that are inadequate for today's requirements, such as classrooms and meeting spaces.
- The Wilkes Center, which requires some duplication of services - staff, office equipment, etc.

In anticipation of the eventual need to rejuvenate the main campus, the board is in the process of assembling plans to accommodate long-term LCS needs on the 16 de septiembre property. The proposal calls for:

- Construction of a new "Sala Grande" to accommodate large audiences, that will be flexible enough to be configured for many of the activities currently hosted in the Gazebo.
- Additional classrooms and a combined English/Spanish library to be built at the front of the campus.
- Preservation of the Neill James home, the gardens, fish ponds, tree canopy and green space.

To construct the new *Sala Grande*, a badly needed large meeting facility, while maintaining precious green space, will require the removal of the Gazebo. This decision was very carefully considered and not taken lightly by the Board of Directors.

Under discussion with the municipality is the possibility of donating the Gazebo as a gift to the village and moving it to a new home on the *malecon*.

The campus redevelopment plans, when ready, will be reviewed extensively with the LCS community and stakeholders. Once consultations have been completed and plans finalized, fund raising will begin.

It will probably be a year or two before sufficient funds are raised to begin the *Sala Grande* construction and the subsequent removal of the Gazebo.

- Ben White, President

## 2017 Annual Fund

Thanks to those who have given. Our annual fund is growing but there is still a way to go. Please help LCS build its programs. Donate online or in the office.



## LCS Health Day

Friday October 20, from 9 to 1 on the Patio.

*All LCS Health services are open to the public.*

**Shots** (pay when administered; \$ subject to change.

*\*Note: flu & pneumonia may be taken together.*

*Shingles and hepatitis series cannot be taken with any other immunization shot.*

Influenza	500 pesos
Pneumonia for Life (Pnevnar 13)	1,600 pesos
Pneumonia - 5 year	650 pesos

*\*Must sign up in the office for Zostavax and hepatitis shots*

Zostavax (shingles vaccine)	2,300 pesos
Hepatitis A & B series	TBD pesos^

**CPR Class by Red Cross:** 12 to 2 p.m. 200 pesos

*\*Sign-up and pay in office – class is limited to 30*

**Blood Pressure Check:** 9 a.m. to 1p.m. Free

**Diabetes Screening:** 9 a.m. to 1p.m. Free

*\*Note: eat a high carb meal 2 hours before testing, i.e. pancakes, oatmeal, granola, fruit, honey, etc.*

**Hearing Services:** 9:30 a.m. to 2 p.m. Free screenings for those interested in purchasing hearing aids. 20% discount on hearing aid orders. *No repairs.* \*Sign-up in office.

**Optometrist Services:** 9 a.m. to 1p.m free glaucoma or cataract screening \*Sign-up in office

**Pharmaceutical Consultations** Free

*^Hepatitis shots are estimated at 1,200 pesos each*

## How to Die in Mexico: A Primer for Foreigners

Presented by Cynthia Guzman, Funeraria San Francisco on the Patio from 10:30 to 11:30 a.m.

*Information on other medical services available at Lakeside will be offered by various providers in booths on site.*

## LCS Directory Cover Art Winners Announced

The Children's Art Program announced the winners of the LCS Directory Cover Art Contest: 1st Prize: Samantha Sánchez Garcia (age 17); 2nd Prize: Kenhya Mariana Hernandez Durán (age 10); 3rd Prize: Sara Yolotzin Mariscal (age 7); and Honourable Mentions: Daniela Rojas Navarro (age 12) and Saúl Ulises Sánchez Garcia (age 15). All of the young artists are participants in LCS' most popular program.

The first place winner won \$500 pesos; the second place winner received \$300 pesos; third place, \$200; pesos and the two honorable mention winners won \$100 pesos each.

The first place winner's submission will appear on the cover of the 2018 LCS Member Directory.

Each artist received a certificate of acknowledgement, a card, and a reproduction of their artwork. Congratulations to all of our winners!

## McAllen, Texas Shopping Extravaganza

Take advantage of U.S. prices and selection without the hassle of searching the internet or arranging delivery.

Join us November 5 to 8 for two full days of shopping in McAllen, Texas and three nights at the Hampton Inn.

Transportation to and from mall is provided. Cost: \$499 U.S. single occupancy; \$449 U.S. p/p double occupancy. Non LCS members add \$50 U.S.

A Mexican consulate is in McAllen for visa services.

The required non-refundable deposit is \$125 US (unless trip is cancelled). All costs are payable in pesos at the exchange rate of the day.

Space is limited to two large suitcases per person. Final day for sign up is October 22. **Final payment must be made by October 29.**

We depart November 5 at 7 a.m. arriving at 9 p.m. Returning November 8 at 7 a.m. arriving in Ajijic at the sculpture in La Floresta at 9 p.m.

U.S. and Canadian citizens must present valid passports; Citizens from other countries need current passports with valid U.S. visas.

Contact Wendell Jackson at:

wendelljackson57@gmail.com for more information.

## Warren Hardy Spanish Classes

The final 2017 Spanish language classes for LCS members runs from Monday, October 23 through December 11 two hour and a half classes a week at the Wilkes Education Center (*Biblioteca*). The program is based on the Warren Hardy Spanish language course designed for the adult student. Several levels of instruction are available to suit the students' proficiency. Register at the LCS Service office or on line.

Ask questions or register any day from October 16-20 between 10:30 a.m. to 2 p.m. on the Blue Umbrella Patio. Tuition for the course is \$750 pesos; the course textbook is an additional \$670 pesos. Other instructional materials may be purchased separately.

Want more information about the Spanish classes or LCS membership? Visit the informative LCS website [www.lakechapasociety.com](http://www.lakechapasociety.com).

*This is a members-only program. You must be a member of LCS to attend, and your membership must be current for the duration of the program.*

## Introduction to Spanish

This casual class for the beginner that covers the Spanish alphabet, simple vocabulary and phrases useful about town, and information about Lakeside and Mexican culture.

Starting the second Tuesday of the month and continuing for three weeks, the next session will start Tuesday, October 10, and continue October 17 and 24 on the LCS campus from 12 to 1:30 p.m. Learning materials are provided. Tuition is \$175 pesos. Sign up at the LCS office or on our website. *This is a members-only program. You must be a member of LCS to attend, and your membership must be current for the duration of the program.*

## Personal Enrichment Program (PEP)

### Introduction to Creative Writing Rachel McMillen

Tuesdays 10 a.m. to 12 noon, October 3 to 24 in the South Campus Board Room. Fee for the course is \$400 pesos. Creative writing is considered an art, a door through which you can express thoughts and emotions with imagination. Learn how to use language and voice, character development, dialogue, narration, back story, theme, point of view, plotting, how to create the story arc, and of course, editing and critiquing. Minimum/maximum students: 11/20 Deadline to register is September 28.

### A Novel Approach to Films Marshall Krantz

Wednesday 2 to 5 p.m. in the *Sala*, October 4 to November 1. Fee for the course is \$750 pesos. An examination of five films and their literary sources. Examine *Rashmoo*, *The Maltese Falcon*, and *The Pearl* to see how they do justice to their literary sources; also review *All Quiet on the Western Front*, examining the two different endings - which one was more effective as anti war propaganda? The final film is a surprise! *Electronic reader required*. Deadline to register: September 29.

**Practical Gardening at Lakeside** (English) Francisco Nava Wednesdays, October 11 to November 29 from 9-10 a.m. in the garden at LCS. Fee is \$600 pesos. Having theoretical knowledge of gardening is good, but getting your hands dirty, learning how to germinate your own seeds, prepare your own soil, nurture you own plantings, and harvest your own food is better. We will be assigning gardening plots to students in the LCS Heritage Gardens to learn how to grow their preferred plants. Minimum/maximum students: 11/15. Register by September 28.

**Mexico's Winter Holidays and Traditions** Judy King Mondays, October 30 to December 4 from 10:30 a.m. to 12:30 p.m. in the South Campus Board room. Fee is \$600 pesos. Understand the diverse and fascinating traditions surrounding Mexico's winter holiday season. Learn the informal name for the period between December 12 and January 6, and the meaning of the Aztec name for poinsettias, and much, much more. Minimum/maximum students: 11/20. Register by October 25.

### Prueba México!

Based on our popular series *Experimenta México*, that took a hiatus three years ago this program returns with a thrill.

**MOCK DEATH YOU SAY!** The day of the dead is just such a opportunity. Learn about Mexico's most famous tradition, the origin and role of the *Catrina*. Help LCS build its alter as part of understanding the ingredients and heart that go into building it. Finally a more obscure aspect to the Day of the Dead festivities is the *Calavera Literaria*. Hone your poetic skills and discover a new way to mock death, at the expense of your best friends and worst enemies.

This is a two part course, after learning about the *Catrina* and the *Calavera Literaria*, you'll return on the day of the dead in full costume and presenting your newly honed poetic repertoire. There will be a small contest too, with a surprise for the winner.

Course Fee: \$300 MXN

Course Dates and Times: Oct 31, 2-5 PM and Nov 02, 2-4 PM

Course Location: South Campus

Enrollment ends October 25. 30 students max.

## October Activities

\*Open to the Public \*\* US Citizens (S) Sign in required

(C) Membership card required

### Health Insurance \*

IMSS & Immigration Services Mon+Tues 10-1  
Lakeside Insurance Broker Tues+Thur 11-2  
San Javier Hospital last Fri 10-12

### Health and Legal Services \*

Becerra & Galindo Services Thur 10:30-12:30, Sat Oct 14&28  
Blood Pressure Fri 10-12  
Health Day Fri Oct 20 9-1  
Hearing Aid Services (S) Mon+2nd and 4th Sat 11-4  
Ministerio Publico Wed Oct 11+25 10-2  
My Guardian Angel Tues 10:30-12:30  
Optometrist Claravision (S) Thur 9-3  
Skin Cancer Screening (S) 2nd + 4th Wed 10-12  
US Consulate\*\* Wed Oct 4 10:30 Sign up 10

### Lessons(C)

Chair Yoga Fri 2-3  
Children's Art Sat 10-12\*  
Children's Chess Club Sat 12-1\*  
Children's Reading 2nd Sat 11:30-12:30\*  
Clases de Bordado Artístico Mon 3-6, Wed & Fri 4-6  
Exercise Mon+Wed+Fri 9-10  
Exploring Spanish Wed 12-1:30 Sat 11-12:30  
Fitness Thru Yoga Mon 2-3:30  
Intermediate Hatha Yoga Tues+Thur 2-3:30  
Introduction to Lakeside (S) 2nd Thur 9-1 cost  
Introduction To Spanish (S) Tues 12-1:30 cost  
Line Dancing Tues+Thurs 10-11:15  
PEP Series Register and cost see office for details  
Photography Club 1st Mon 12-2  
Stretch and Balance Exercise Tues+Thurs 8:45-9:45  
Tai Chi Chih Fri 10-12  
Warren Hardy Spanish Classes (S) Mon-Sat check office  
Write-to-Prompt Writers' Group Thurs 10-12

### Libraries

Audio Thur 10-12  
Book & Video Mon-Sat 10-2  
Library of Congress Books\*/ Talking Books Thurs 10-12  
Wilkes Mon-Fri 9:30-7, Sat 9:30-1\*

### Social Activities (C)

All Things Tech Fri 10-11:30  
Bocce Ball Tues 2-3 begins Oct 11  
Bridge 4 Fun Tue+Thurs 1-5  
Cane Fo Self Defense Wed 2-3 begins Oct 11  
Conversaciones en Espanol Mon 10-12  
Creatively Mindful Art Wed 11-12:30  
Discussion Group Wed 12-1:30  
Everyday Mindfulness Mon 10-12  
Film Aficionados (C) Thurs 2-4:30  
Games Group Mon 1-4  
Needle Pushers Tues 10-12  
NextChapter Book Group 2nd Thurs 1-3:30  
Scottish Country Dancing Thurs 11:30-1:30 begins Oct 19  
Scrabble Fri 11:30-1:30  
Spanish/English Conversation Sat 11-12:30  
TED Talk Learning Seminars (C) Tues 12-1:15  
Tournament Scrabble Tues 12-1:50

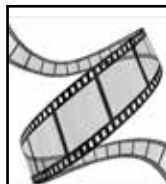
### Service and Support Groups \*

Al-Anon (in Spanish) Mon 6-7:30, Wed 5:30-7:30  
Information Desk Mon-Sat 10-2  
Lake Chapala Painting Guild 2nd Fri 1:30-3:30  
Lakeside AA Mon +Thurs 4:30-5:30  
Open Circle Sun 10-11:30  
Smart Recovery Mon 2:30-4  
Toastmasters Mon 7-8:30 p.m.  
Toastmasters Youth Mon 5-7 p.m.

### Ticket Sales

Monday-Friday 10-12 a.m.\*

## Video Library Additions October



As we said in last month's Newsletter: "We are always on the lookout for movies that will interest the LCS members. If you have any suggestions about good movies, old or new, please give the name of the movie, your name and your email address to the volunteer on

duty." Four people stepped right up. Here are the movies they asked for:

**Zorba the Greek #7700** An uptight English writer traveling to Crete on business finds his life changed forever when he meets the gregarious Alexis Zorba. A comedy with Anthony Quinn and Alan Bates (1964)

**Shall We Dance #7691** A successful but unhappy accountant finds the missing passion in his life when he secretly begins to take ballroom dance lessons. Japanese comedy. Japanese with English subtitles. (1996) 7.8 on scale of 10

**A Bridge Too Far #7702** It's September 1944: The allies attempt to capture several strategically important bridges in The Netherlands in the hope of breaking the German lines. Sean Connery and Ryan O'Neal (1977)

**Purple Rose of Cairo #7696** A 1985 Woody Allen comedy about a movie character walking off the screen and into real life. Mia Farrow and Jeff Daniels

These three, "the house" picked - hope you enjoy 'em.

**Dark Horse #7690** Documentary: An inspirational true story of a group of friends from a working men's club in Wales, UK, who decide to take on the elite 'sport of kings' and breed themselves a racehorse. (2015)

**Irina Palm #7697** Fifty-year-old widow Maggie, is desperately in need of money for a medical treatment for her ill grandson. In London's Soho, she sees a small poster in the window of a shop called "Sexy World", which reads "Hostess Wanted". Drama (2007) 7.2 on scale of 10

**Gett #7703** In Israel there is neither civil marriage or civil divorce. The dissolution is only possible with the full consent from the husband, who in the end has more power than the judges. Viviane Amsalem has been applying for a divorce for 3 years. But, her husband, Elisha, will not agree. (2014) 7.7 on scale of 10 English subtitles.

## Android For Beginners

Thursday, November 30 & December 7, 9:30-12:00  
LCS members only, class limited to 20 people. Must register by email: androidclass@saundersinmexico.com, include your membership number.

## October Family Films at Wilkes

Spooky stuff this month includes:

October 6 *La Leyenda de la Nahuala*  
October 13 *La Leyenda de las Momias de Guanajuato*  
October 20 *La Leyenda de la Llorona*  
October 27 *La Leyenda de El Chupa Cabras*

All films are free, in Spanish and open to the public. Bring the family. Films are shown every Friday night at 7 in the Wilkes Education Center at the Neill James *Biblioteca*.

## TED Talks Learning Seminars

In the Sala 12 noon to 1:15 p.m. Members only. Bring your card.

### Tuesday, October 3rd, The Evolution of Compassion

Robert Wright, Journalist and Philosopher uses evolutionary biology and game theory to explain why we appreciate the Golden Rule ("Do unto others..."), why we sometimes ignore it and why there's hope that we might all have the compassion to follow it.

**Tuesday, October 10th, Compassion and the True Meaning of Empathy** Joan Halifax, Author and Zen Priest works with people at the last stage of life (in hospice and on death row). She learned about compassion in the face of death and dying, and a deep insight into the nature of empathy.

**Tuesday, October 17th, Reconnecting with Compassion** Krista Tippett, Journalist de-constructs the meaning of compassion through several moving stories, and proposes a new, more attainable definition for the word.

**Tuesday, October 24th, Inside the Mind of a Master Procrastinator** Tim Urban knows that procrastination doesn't make sense, but he's never been able to shake his habit of waiting until the last minute to get things done. In this hilarious and insightful talk, he encourages us to think harder about what we're really procrastinating on, before we run out of time.

**Tuesday, October 31st, Brain-to-brain communication has arrived. How we did it** Dr. Miguel Nicolelis, Neuroscientist and Author built the brain-controlled exoskeleton that allowed a paralyzed man to kick the first ball of the 2014 World Cup. At present, he is building ways for rats and monkeys to send messages brain to brain. As he says, his work may go to "the limit of your imagination."

## Bus Trips October

### Wednesday, October 25 Galerias Mall/Costco

Cost is \$350 pesos for members and \$450 for non-members. Enjoy major retailers and restaurants. Bus departs promptly at 9:30 a.m. from the sculpture in *La Floresta*.

### Wednesday, November 8 Guadalajara Zoo

\$440 member, \$540 non-member, includes cost of admission and everything else but the Sky Ride. Food available at the Zoo. Bus leaves at 9 AM.

### Thursday, November 16 Costco Lopez Mateos

More info to follow.



## Follow Us on Facebook

Keep up on all things LCS. Like us at:  
[www.facebook.com/lakechapalasociety](http://www.facebook.com/lakechapalasociety).



## Thursday Film Aficionados

Open to LCS members only. Bring your card.

All films shown in the Sala from 2-4 p.m.

No food. No pets.

### October 5 *Sami Blood* 2017 Sweden

Elle Marja is a reindeer-breeding Sami (Lapp) girl. Exposed to the racism of the 1930's and race biology at her boarding school, she begins to dream of another life. (104 minutes)

### October 12 *Stefan Zweig: Farewell to Europe* 2017 Austria

This movie charts the years of exile in the life of the famous Jewish-Austrian writer, Stefan Zweig, his inner struggle for the "right attitude" toward the events in war-torn Europe, and his search for a new home. Based on actual events. (103 minutes)

### October 19 *The Cuckoo* 2002 Finland-Russia

1944, an imprisoned Finnish soldier manages to get free. A Soviet Army captain escapes the secret police. A Lapp (Sami) woman gives shelter to them. They all speak different languages. The men are enemies, but for Anni, they are just men. (100 minutes)

### October 26 *The President* 2014 Georgia

A brutal dictator comes face-to-face with the injustices committed by his regime when his country is taken over by revolutionaries. Filmed in and around Tblisi, Georgia. Originally scheduled to be seen in August, but was postponed due to a power failure. (116 minutes) *Discussion to follow.*

## Intro to Lakeside

New to Lakeside? LCS in partnership with Lake Chapala Resource Academy, is pleased to present "Introduction to Lakeside" available to LCS members only. You'll learn about your new community, your new neighbors and your new neighborhoods. Topics include:

**Daily life:** banking, shopping, medical, transportation, etc.

**Housing information:** major housing developments, utility payments, maids and gardeners

**Cultural insights:** fiestas, greetings and other social protocols,.

Thursday, October 12, from 9 a.m. to 1 p.m. Seating is limited, sign up soon in the Service Office. Cost is \$250 MXN per person and includes a copy of Street Smart Maps.

## Come to a Ceilidh!

Join us for Scottish country dances to Scottish music (not bagpipes)--excellent if you're reasonably active and want to stay fit. No partners required. Classes are from October 19 till the end of March, Thursdays 11:30 a.m. till about 12:45 p.m. in the gazebo at LCS. Open LCS members only.

THE LAKE CHAPALA SOCIETY, A.C.

16 de Septiembre #16-A, Ajijic, Jalisco LCS Main Office: (376) 766-1140

Office, information and other services - Monday-Saturday, 10:00 a.m. to 2:00 p.m. Grounds open until 5:00 p.m.

LCS BOARD OF DIRECTORS

President - Ben White (2018); Vice-President - George Radford (2019); Treasurer - Michael Searles (2019); Secretary - Carole Wolff (2018). Directors: Dee Dee Camhi (2019); Nicolas Hanson (2019); Cate Howell (2018); Philip Newbold (2018); Philip Rylett (2019); Roberto Serrano (2019) Janis Sirany (2019)

Immediate Past President: Howard Feldstein. \* Executive Director - Terry Vidal

The LCS Newsletter is published monthly. Deadline for submissions is the 17<sup>th</sup> of the month preceding publication.

Submit all news items to [lcsnewsletter2016@gmail.com](mailto:lcsnewsletter2016@gmail.com)

Note: The editorial staff reserves the right to edit all submissions according to time, space availability and editorial decision.