



"More Than 60 years of "People Helping People"

October 2018

The Lake Chapala Society

www.lakechapalasociety.com



Helping people. Changing lives
Ayudando gente. Cambiando vidas

u n d i a p a r a d a r

LCS 2018 Annual Giving Program

As we enter the second month of our 2018 Annual Giving Season, we would like to share how your generous donation to LCS directly impacts our community by supporting the more than 100 LCS programs and services that members and our Lakeside neighbors value and enjoy.

In September, we introduced you to Karen Domitzu Medrano Barajas, a Chapala native and our graphic designer at LCS. Karen was able to realize her dream of going to college and starting a career because of the support she received from our Student Aid Program. The October Success Story will feature Oscar and Jorge Ibarra Mendoza, the well-known owners of the popular Lakeside furniture and accessories store, IB Furniture For Less. Watch for their story in your email, on our website and on our Face book page.

Karen, Oscar and Jorge are just a few of the hundreds of community members who have benefited from our programs, such as the Student Aid Program, the ESL classes, Spanish language instruction and our highly regarded Children's Art Program.

Membership and activity fees alone cannot cover all of the goals LCS hopes to achieve. The Annual Fund Campaign raises the additional money we need to maintain our programs and our campus.

The LCS Annual Giving drive runs through December 31, 2018. Donations can be made online on our website or you make a donation in person at the LCS Service Office.

On behalf of the members of the board, administration, faculty and staff at LCS, I thank you.

George Radford,
Secretary/Chair Fund Development Committee

Noche de la Catrina / Catrina contest

On the first of November, join the LCS catrinas contest, by the purchase of a new ambulance for the Red Cross.

1st, 2nd and 3rd place winners Children and Adults.

Adult Catrina Registration \$75 pesos

Children's Catrina registration: \$50 pesos

General Admission: \$150 pesos

LCS Health Day

TUESDAY, OCTOBER 16, 9:30 A.M. – 1:00 P.M.

SHOTS pay the day administered - prices subject to change

*Note: flu and pneumonia may be taken together.

Shingles, DPT, and Typhoid cannot be taken with any other shot.

Flu.....	Indeterminate availability by issue of the Mexican health department
Pneumonia for Life (Pneumovax 13).....	\$1,700 pesos
Pneumonia - 5 years (Pneumovax).....	\$650 pesos
Typhoid (Typhim).....	\$750 pesos
Shingles vaccine (Zostavax).....	\$2,350 pesos
Hepatitis series NOT available until 2019	

FREE SERVICES (10 am to 1:30 pm):

- o Blood Pressure Check
- o Diabetes / Glucose Screening
**Fasting preferred, but if diabetic, it is best to stay with routine. Notify nurse if fasting or meal has been eaten.*
- o Medication / Supplement Consult
- o "Making a Health Care Plan...Before You Need It"
By Catherine Gonzales from SkyMed, 10 to 11a.m. Sala Health Care Options, Creating an Affordable Plan, and what to do in a serious or catastrophic situation.

ALL HEALTH DAY SERVICES ARE OPEN TO THE PUBLIC
NO MEMBERSHIP REQUIRED.

New to Lakeside? This is For You.

"Introduction to Lakeside" classes are held the second Thursday of every month in the Sala at 9 a.m. This month's class is on Thursday, October 11. Topics include much of the information you need for living Lakeside. The cost for the course \$250 pesos.

Register in the office or on the LCS website. members only. Your LCS membership must be current during the classes.

LCS Language Classes

LCS offers a variety of Spanish language courses and classes for those of you who want to learn Spanish or brush-up on your language skills. One of them is sure to suit your schedule and interests.

Introduction to Spanish

This casual class for beginners covers the Spanish alphabet, simple vocabulary, phrases useful about town, and information about Lakeside and Mexican culture. Classes are held the first Tuesday of each month in the Gazebo, from 12 until 1:30 p.m. and continue for three weeks. Tuition is \$220 pesos. Members only.

Warren Hardy Spanish Classes

Classes meet two days a week for an hour and a half each session at the Wilkes Education Center (*Biblioteca*). The program is based on the Warren Hardy Spanish language course designed for the adult student.

Several levels of instruction are available to suit the student's proficiency. Classes run from September 3 to October 22. Register for classes at the LCS office or online. You may also register at the Blue Umbrella Patio from August 27 to 31. A representative will be there to recommend the appropriate class for your skill level.

Tuition for the course is \$900 pesos; the required textbook is an additional \$670 pesos. Other instructional materials may be purchased separately. This is a members-only class. Your membership must be current for the duration of the class.

For more information, visit www.lakechapalasociety.com.

Conversaciones en Español will return on October 8.

LCS Service and Support Groups Open to the Public

Al-Anon (in Spanish)	Mondays 6-7:30, Wed 5:30-7:30
Lake Chapala Painting Guild	Second Fri 1:30-3:30
Lakeside AA	Monday + Thursday 4:30-5:30
Needle Pushers	Tuesday 10-12
Open Circle	Sunday 10-11:30
The Ranch Adopt a Dog	Thursday October 12:30-2
Toastmasters	Monday 7-8:30 p.m.
US Voter Assistance	Tuesday + Friday 10-12
Veteran's Outreach	Starts September 10 Monday 10-2

Volunteers Needed

If you are interested in any of the volunteer positions indicated below, or if you would like to offer your skills and time to any of LCS' many programs and activities, contact volunteer@lakechapalasociety.com, fill out a form on the LCS website, or pick up one at the Service Office.

The ESL program especially needs volunteer instructors.

We need an experienced and knowledgeable volunteer handyman who can maintain and repair buildings on the LCS campus. *Must be reliable.* Requires five to ten hours a week.

The LCS library needs volunteers who are computer literate, in good physical condition and who love to read. We also need a volunteer to repair books.

Talking Books Library needs volunteers who can be on call from 10 a.m. to noon on Thursdays.

The Chess Club needs bilingual volunteers. to work with young chess enthusiasts.



CORN TORTILLA

Let's make some corn tortillas and other dishes Mexicans enjoy and share with the world. Join this course and travel through the History of it. The instructor is Ana Moreno and the course fee is \$400 pesos. Class will be held November 4 from 1 to 4 p.m. at the South Campus. Enroll by Nov. 12.

MEXICAN CHILES AND SALSAS

The key to many Mexican dishes is found in their sauces, these precious and delicious food dressings... Join this course and learn how to prepare them and what secrets they hide. The instructor is Ana Moreno and the course fee is \$350 pesos. Class will be held Tuesday Nov 06 from 1:00 to 4:00pm at the South Campus. Enroll by Oct. 30.

MEXICAN MANNERS

Join this course and understand these basic and necessary questions for the real and adequate coexistence with my new neighbors. Another way to know Mexico. Its flavors. The instructor is Alfredo Pérez and the course fee is \$250 pesos. Class will be held Nov 16 from noon to 2:00 pm at the South Campus. Enroll by Nov. 10.

MOCK DEATH YOU SAY!

Mexico is not Mexico without its fiestas, and the Day of the Dead is nothing without a good thrill rich in tradition. The instructor is Alfredo Pérez and the course fee is \$350 pesos. Class will be held November 1 from 2 to 5 p.m. at the South Campus. Min/Max students required: 15/30. Must be 15 years old or older). Enroll by October 26.

TEMAZCAL: ANCIENT MEXICAN RITUAL

The temazcal is a Pre-Hispanic Mexican ritual steam bath uniting body, mind, and spirit with Mother Earth. Includes round trip transportation. The instructor are Ricardo Yohualoceloth & Cesar Mata and the course fee is \$650 pesos. Class will be held Nov 30, 1:00 -6:30 pm at the Tlatonal Community. Enroll by Nov. 26.

U.S. Citizens Voter Assistance

Democrats Abroad will take requests for absentee ballots and make a ballot box available every Tuesday and Friday through October 23 from 10 a.m. to 12 p.m. on the Blue Umbrella Patio.

Free Friday Family Films for October

Free Spanish language films for the family are shown every Friday at 7 p.m. at Wilkes *Biblioteca Publica de Ajijic* at Galeana #18. Open to the public. Bring the family.

October 5 Dumbo

October 12 Horton

October 19 El señor doctor Cantinflas

October 26 Lluvia de Hamburgas 2

Borda Artístico Embroidery Class returns in January.

Glucose screening will return in November.

October Activities

*Open to the Public ** US Citizens (S) Sign in (C) Member card

Health Insurance *

IMSS & Immigration Services	Mon+Tues 10-1
Lakeside Insurance Broker	Tues+Thur 11-2
San Javier Hospital	last Fri 10-12

Health and Legal Services *

Becerra & Galindo Services	Thurs 10:30-12:30
Blood Pressure Screening	Mon 10-12
British Consulate	last Sat 10-12
Hearing Aid Services (S)	Mon+Sat 11-4
Ministerio Publico	Wed Oct 3+24 10-2
My Guardian Angel	Tues 10-12:30
Optometrist Claravision (S)	Thur 9-3
Skin Cancer Screening (S)	2nd + 4th Wed 10-12
US Consulate** (S)	Wed Oct 10 10:30 register 10

Lessons(C)

Basic Yoga	Wed 2-3
Beginner's Photography (sign up email)	2nd+4th Mon 12-2
Cardio Dance Exercise	Fri 12:30-1:30
Chair Yoga	Fri 2-3:30
Children's Art	Sat 10-12*
Children's Chess Club	Sat 12-1*
Children's English Class	Sat 9:30-10:30*
Exercise	Mon+Wed+Fri 9-10
Exploring Spanish	Wed 12-1:30 Sat 11-12:30
Heart Dancing	Tues 4-5:30 email sign up
Help with Tech Issues	Thurs 1+3+4+last 10-11:30
Intermediate Hatha Yoga	Tues+Thur 2-3:30
Introduction to Basic Drawing (sign up email)	Mon 11:30-1:30
Introduction to Lakeside (S)	2nd Thurs 9-1 register+cost
Introduction to Portraits (sign up email)	Tues 10-11:30
Introduction to Spanish	Tues 12-1:30 register+cost
Line Dancing	Tues+Thurs 10-11:15
PEP and Prueba Mexico Series(S) register and cost; check office	
Photography Club	1st+3rd Mon 12-2
Scottish Country Dancing begins Oct 18	Thurs 11:30-1
Stretch and Balance Exercise	Tues+Thurs 8:45--9:45
Tai Chi Chih Beginners	Fri 10-11
Tai Chi Chih Continuing	Fri 11-12
Taller Comunicacion Ninos de Mexico	Sat 11:30-1; check office
Tech Help Desk	Thurs 12-2
Walk For Fitness	Wed 10-11
Warren Hardy Spanish Classes (S)	Mon-Sat register+cost
Write-to-a-Prompt Writers' Group	Thurs 10-12

Libraries

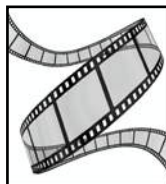
Book & Video	Mon-Sat 10-2
Library of Congress Books**/ Talking Books, Audio Wilkes	Thurs 10-12 Mon-Fri 9:30-7, Sat 9:30-1*

Social Activities (C)

All Things Tech	Fri 10-11:30
Bridge 4 Fun	Tue+Thurs 1-5
Conversaciones en espanol	Mon 10-12
Discussion Group B	Wed 12-1:30
Everyday Mindfulness	Mon 10-12
Film Aficionados	Thurs 2-4:30
Games Group	Mon 1-4
Next Chapter Book Group	2nd Thurs 12-2
Scrabble	Fri 11:30-1:30
Spanish/English Conversation	Sat 11-12:30*
TED Talk Learning Seminars	Tues 12-1:15
Tournament Scrabble	Tues 12-1:50

Ticket Sales

Mon - Fri 10 a.m. to 12 noon



Video Library September

All video rentals are now for five days.

The Video Library needs couriers to bring us DVDs. We pre-pay them and have them shipped to the address of your choice.

Contact: keanhombre@prodigy.net.mx

Wow! Attention Classic Film Fans

Remember how much fun you had at Saturday matinees? Live it again with LCS' New Saturday Movies featuring some of your all-time favorites.

Our inaugural features for October are *The House on Haunted Hill* the 1959 horror classic shown Saturday, October 6, from 1 to 4 p.m. and *Young Frankenstein* the 1974 fun horror classic running Saturday October 20, from 1 to 4 p.m. All movies will be shown in the Sala.

Please note: Admission is free. Bring your LCS membership card to obtain your ticket. Ticket sales will start at 12:30 p.m. Doors will open at 12:45 pm. To round out your Saturday movie experience, we plan to sell popcorn and water at our concession stand.

This activity is for LCS members only and their guests. Only one guest seat per person can be saved. Questions? contact Michael Goss at lcs.tech.training@gmail.com.

New Member Activities

Basic Yoga Wednesday from 2 to 3 p.m. Learn how to move, to maintain your alignment, and become comfortable with yoga poses. Bring a mat; chairs will be available. **Heart Dancing** Tuesday 4 to 5:30 p.m. Gentle stretching and movement to music for all ages and physical conditions. . Limited to 12 participants. Email to barbarahildt@gmail.com

Beginners Photography Second and fourth Monday of the month from 12 noon to 2 p.m. Email sambrit10@gmail.com.

Tech Classes

Our popular and informative tech classes return this fall. Sign up by email *only* with your member number and expiration date at lcs.tech.training@gmail.com. Membership must be current. In the Sala from 10 to 11:30 a.m.

Thursday, October 4 Chromebooks -

Chromebooks are very low cost (less than \$200 USD) laptops. If what you mostly do is on the internet they are an excellent option. They can create documents, spreadsheets and presentations. You can watch movies and connect to your TV.

Thursday, October 18 MS Word Features for Writers Basics

MS Word knowledge is a prerequisite. We will learn how to do a table of contents, figures, and indices as well as doing chapter outlines. A discussion of backup will also be covered.

Thursday, October 25 Introduction to Facebook

We will cover the basics of Facebook including security, groups and general usage.

Payment for any course must be received in the LCS Service office seven days prior to the date of the class. Pay in person or online using Paypal.

TED Talks

Tuesdays In the Sala 12 noon to 1:15 p.m. Members only. Bring your card.

October 2 If A Story Moves You, Act on It

Sisonke Msimang, Writer and Activist In this funny and thoughtful talk, Msimang questions our emphasis on storytelling and spotlights the decline of facts. During a critical time when listening has been confused for action, Msimang asks us to switch off our phones, step away from our screens and step out into the real world to create a plan for justice.

October 9 Reconnecting with Compassion

Krista Tippett, Journalist The term "compassion" -- typically reserved for the saintly or the sappy -- has fallen out of touch with reality. At a special TEDPrize@UN, journalist Krista Tippett deconstructs the meaning of compassion through several moving stories, and proposes a new, more attainable definition for the word.

October 16 Get Comfortable with Being Uncomfortable

Luvvie Ajayi, Creator, Author and Speaker She isn't afraid to speak her mind or to be the one dissenting voice in a crowd, and neither should you. "Your silence serves no one," says the writer, activist and self-proclaimed professional troublemaker. In this bright, uplifting talk, Ajayi shares three questions to ask yourself if you're teetering on the edge of speaking up or quieting down -- and encourages all of us to get a little more comfortable with being uncomfortable.

October 23 The Pattern Behind Self-deception

Michael Shermer, Skeptic says the human tendency to believe strange things- from alien abductions to dowsing rods-boils down to two of the brain's basic, hard-wired survival skills. He explains what they are, and how they get us into trouble.

October 30 On Being Wrong

Kathryn Schultz, Writer Most of us will do anything to avoid being wrong. But what if we're wrong about that? "Wrongologist" Kathryn Schulz makes a compelling case for not just admitting but embracing our fallibility.

New American Legion Outreach Program

The American Legion Post 7 and LCS will sponsor a veterans' outreach program providing news and information about services available to veterans and their dependents every Monday from 10 to 2 p.m. on the Blue Umbrella Patio. Contact Roger Van Parys at (376) 766 4720 or email rvanparys@hotmail.com. Open to the public.

Costco Returns Thursday, October 20



Thursday Film Aficionados

Open to LCS members only. Bring your card. All films shown in the Sala from 2 to 4 p.m. No food. No pets.

October 4 *October Sky* 1999 USA

The true story of Homer Hickam, a coal miner's son who was inspired by the Sputnik launch to take up rocketry against his father's wishes. This movie launched Jake Gyllenthal's career; well supported by Chris Cooper and Laura Dern. One of my personal favorites. (108 minutes)

October 11 *The Guernsey Literary and Potato Peel Society* 2018 UK

A writer forms an unexpected bond with the residents of the Isle of Guernsey in the aftermath of WWII when she decides to write a book about their wartime experiences under Nazi occupation. Adapted from a popular novel of the same name. (120 minutes)

October 18 *Chavela* 2017 Mexico/Spain

The life of pioneering singer Chavela Vargas from her birth in Costa Rica in 1919 to her death in Mexico City in 2012. Amazing archival videos of Frida Kahlo with narration by Pedro Almodovar who put Chavela in his films. One amazing life story. (93 minutes)

October 25 *Hichki* 2018 India

An inspiring story about a woman who turns what others see as a great weakness into her greatest strength as she seeks a position as a teacher even though she's handicapped. (113 minutes)

October Bus Trips

Wednesday, October 10 Tonalá

Discover stylish home decor and wonderful Mexican handicrafts in Tonalá. Bus leaves promptly at 10 a.m. from the sculpture in La Floresta. Cost is \$370 for members; \$470 for non-members.

Wednesday, October 24 Galerías Mall/Costco

Major retailers like Sears, Best Buy and SuperWalmart are here. Dine at popular restaurants. Cost to members is \$370 pesos; non-members \$470. Bus will depart promptly at 9:30 a.m. from the sculpture in La Floresta.

Purchase tickets no later than two days before any LCS trip.

British Consular Officer Now at LCS

British Consular Officer Ceri Dando will be at LCS the last Saturday of each month from 10 a.m. until 12 noon. Contact Representative Cecil Dando at 333 139 4314 or by email cpdando2000@yahoo.com.

THE LAKE CHAPALA SOCIETY, A.C.

16 de Septiembre #16-A, Ajijic, Jalisco LCS Main Office: (376) 766-1140

Office, information and other services - Monday-Saturday, 10:00 a.m. to 2:00 p.m. Grounds open until 5:00 p.m.

LCS BOARD OF DIRECTORS

President - Carole Wolff (2020); Vice-President - Sandra Britton (2019); Secretary - George Radford (2020); Treasurer - Tim Boardman (2019);

Directors: Azucena Bateman (2019); Elizabeth Villaseñor (2020); Gin Pelzl (2020); Howard Feldstein (2019); Janis Sirany (2019);

Mac Whyte (2020); Nicolas Hanson (2019); Philip Newbold (2020); .

Immediate Past President: Ben White * Executive Director - Terry Vidal

The LCS Newsletter is published monthly. Deadline for submissions is the 14th of the month preceding publication.

Submit all news items to lcsnewsletter2016@gmail.com

Note: The editorial staff reserves the right to edit all submissions according to time, space availability and editorial decision.