



"More Than 60 years of "People Helping People"
September 2018

The Lake Chapala Society

www.lakechapalasociety.com

3rd Annual Giving 2018

Helping people. Changing lives.
Ayudando Gente. Cambiando vidas.

The Lake Chapala Society 2018 Annual Fund needs your support! Welcome to September and the start of our 2018 Annual Giving Campaign. For over 60 years, LCS has been a positive force, bringing people together and impacting lives in the Lakeside community.

From helping newcomers successfully integrate into our community to providing continuing education, social programs, and services for our longer-term residents, the LCS provides everything from Spanish language instruction to ESL classes, a Student Aid Program and a highly-regarded children's art program. We offer over 100 programs, classes, services and activities monthly to the Lakeside community.

The Annual Fund Campaign raises additional funds needed to maintain our campus and programming. Membership and activity fees alone cannot cover all of the goals that LCS hopes to achieve. These fees provide less than half of what is required to continue the good work of LCS. Your contribution is crucial to support the mission and vision of The Lake Chapala Society. The annual fund goes directly to support all of the LCS programs and services that members, non-members, and the community at large value and enjoy.

The Annual Giving drive runs through December 31, 2018. Donations can be made online or make your donation in person at the LCS Service Office. Please join us in creating the future of The Lake Chapala Society!

On behalf of the members of the Board, administration, and staff at LCS, I thank you for your encouraging support.

Respectfully,
George Radford
Secretary / Chair of the LCS Fund Development committee

New to Lakeside? This is For You.

"Introduction to Lakeside" classes are held the second Thursday of every month in the *Sala* at 9 a.m. This month's class is on Thursday, September 13. Topics include much of the information you need for living Lakeside. The cost for the course \$250 pesos.

You may register in the office or on the LCS website. Available to LCS members only. Your LCS membership must be current during the classes.



LET'S MAKE MEXICAN CORN HUSK FLOWERS
INSTRUCTOR: GENARO REYES GALLARDO

Come and learn the wonderful art of turning corn leaves into beautiful handmade decorations full of color and joy that take the shape of the hands of the Mexican people.

\$380 MXN
October 26 & 27, 2:00-5:00 PM
Enrollment: Aug 20 to Oct 22
from 10:00 to 14:00 in the LCS Office

Membership must be current.
No refunds.
The course fee includes all materials. Non-members will be assessed a fee of \$250.

Prueba Mexico: Mock Death You Say!

Mexico is not Mexico without its fiestas, and the Day of the Dead is nothing without a good thrill rich in tradition. Instructor: Alfredo Pérez. Course fee: \$350 pesos. Class is November 1 from 2 to 5 p.m. at the South Campus. Min/Max students required: 15/30 (must be 15 years old or older). Enrollment ends October 26.

PEP Mexico's Winter Holidays and Traditions

Understand the fascinating traditions surrounding Mexico's winter holiday season. Instructor: Judy King. Course fee is \$550 pesos. Classes will be held Wednesday, October 10, 17, 24, 31 and November 7 and 14 from 10:30 a.m. to 12:30 p.m. in the South Campus Board Room. Min/Max students: 11/20. Enroll at the LCS Office by October 4.

PEP Need a Driver's License?

Sign up by September 28 for a course on driving in Mexico, renewing or obtaining a new license and taking the Jalisco driver's exam. Cost is \$750 pesos. 16 attendees. Must have e-mail to receive and submit paper work. Class is Wednesday, October 17 from 2 to 4 in the *Sala* and Thursday, October 18, from 7 a.m. to noon. LCS members only.

Payment for any course must be received in the LCS Service office seven days prior to the date of the class. Pay in person or online using Paypal.

LCS Language Classes

LCS offers a variety of Spanish language courses and classes for those of you who want to learn Spanish or brush-up on your language skills. One of them is sure to suit your schedule and interests.

Introduction to Spanish

This casual class for beginners covers the Spanish alphabet, simple vocabulary, phrases useful about town, and information about Lakeside and Mexican culture. Classes are held the first Tuesday of each month in the Gazebo, from 12 until 1:30 p.m. and continue for three weeks. Tuition is \$220 pesos. Members only. Next class is September 4.

Warren Hardy Spanish Classes

Classes meet two days a week for an hour and a half each session at the Wilkes Education Center (*Biblioteca*). The program is based on the Warren Hardy Spanish language course designed for the adult student.

Several levels of instruction are available to suit the student's proficiency. Classes run from September 3 to October 22. Register for classes at the LCS office or online. You may also register at the Blue Umbrella Patio from August 27 to 31. A representative will be there to recommend the appropriate class for your skill level.

Tuition for the course is \$900 pesos; the required textbook is an additional \$670 pesos. Other instructional materials may be purchased separately. This is a members-only class. Your membership must be current for the duration of the class.

For more information, visit www.lakechapasociety.com.

New Library Children's and Young Adult Section

Our English language library recently introduced a Children's and Young Adult book section for the children and grandchildren of current members. Search the database on the LCS website under the "Children's Lit" genre. LCS also has a 50 pesos Student Membership category for young people who love to read. Must provide current school registration. See the Service Office.

Volunteers Needed

If you are interested in any of the volunteer positions indicated below, or if you would like to offer your skills and time to any of LCS' many programs and activities, contact volunteer@lakechapasociety.com, fill out a form on the LCS website, or pick up one at the Service Office.

The ESL program especially needs volunteer instructors.

We need an experienced and knowledgeable volunteer handyman who can maintain and repair buildings on the LCS campus. *Must be reliable.* Requires five to ten hours a week.

The LCS library needs volunteers who are computer literate, in good physical condition and who love to read. We also need a volunteer to repair books.

Talking Books Library needs volunteers who can be on call from 10 a.m. to noon on Thursdays.

The Chess Club needs bilingual volunteers. to work with young chess enthusiasts.

Conversaciones en Español will return on October 8.

Glucose screening will return in November.

MEXICAN HOT COCKTAILS

GETTING READY TO CELEBRATE
THE MEXICAN FIESTAS

INSTRUCTOR: CARLOS YAÑEZ



Celebrate the Mexican Independence. Learn to prepare drinks whose flavors and colors represent the joy and festive spirit of México. Make vampiritos, sangritas, casuelas, margaritas, and a micheladas. Course includes ingredients.



Course Fee: \$380 pesos
Dates: Tuesday, Sept 11
from 3:00 to 5:00 p.m.
Enroll: Jun 16 to Sept 6
From: 10a.m. to 2p.m.
in the LCS office.

LCS members only. Membership must be current. No refunds. Non-members will be assessed a fee of \$250 pesos.

British Consul Agent Arrives

British Consular Officer Ceri Dando will be at LCS the last Saturday of each month from 10 a.m. until 12 noon to answer your questions and provide guidance regarding passports. Representative Dando may be reached at 333 139 4314 or by email cpdando2000@yahoo.com.

U.S. Citizens Voter Assistance

Democrats Abroad will take requests for absentee ballots and make a ballot box available every Tuesday and Friday through October 23 from 10 a.m. to 12 p.m. on the Blue Umbrella Patio.

Tech Classes Return!

Sign up by email *only* with your member number and expiration date lcs.tech.training@gmail.com. Membership must be current. In the *Sala*, 10 to 11:30 a.m.

September 6 *Managing Your Passwords with Technology* Keeping your passwords in a safe and secure place.

September 20 *Ebooks on your Kindle, iPad, tablet or laptop* Why are ebooks so popular? How to read them and how to find thousands of free books.

September 27 *Tech Security* We discuss viruses, protecting your data and VPNs.



Follow us on Facebook

For all things LCS, you can like us at

www.facebook.com/lakechapasociety.

September Activities

*Open to the Public ** US Citizens (S) Sign in (C) Member card

Health Insurance *

IMSS & Immigration Services Mon+Tues 10-1
Lakeside Insurance Broker Tues+Thur 11-2

Health and Legal Services *

Becerra & Galindo Services Thurs 10:30-12:30
Blood Pressure Screening Mon 10-12
British Consulate last Sat 10-12
Hearing Aid Services (S) Mon+Sat 11-4
Ministerio Publico Wed Sept 5+26 10-2
My Guardian Angel Tues 10-12:30
Optometrist Claravision (S) Thur 9-3
Skin Cancer Screening (S) 2nd + 4th Wed 10-12
US Consulate** (S) Wed Sept 12 10:30 register 10

Lessons(C)

Basic Yoga Wed 2-3
Beginner's Photography 2nd+4th Mon 12-2
Cardio Dance Exercise Fri 12:30-1:30
Chair Yoga Fri 2-3:30
Children's Art Sat 10-12*
Children's Chess Club Sat 12-1*
Children's English Class Sat 9:30-10:30*
Exercise Mon+Wed+Fri 9-10
Exploring Spanish Wed 12-1:30 Sat 11-12:30
Heart Dancing Tues 4-5:30 email sign up
Help with Tech Issues Thurs 1+3+4+last 10-11:30
Intermediate Hatha Yoga Tues+Thur 2-3:30
Introduction to Lakeside (S) 2nd Thurs 9-1 register+cost
Introduction to Spanish Tues 12-1:30 register+cost
Line Dancing Tues+Thurs 10-11:15
PEP and Prueba Mexico Series(S) register and cost; check office
Photography Club 1st+3rd Mon 12-2
Stretch and Balance Exercise Tues+Thurs 8:45--9:45
Taller Comunicacion Ninos de Mexico Sat 11:30-1; check office
Tech Help Desk Thurs 12-2
Walk For Fitness Wed 10-11
Warren Hardy Spanish Classes (S) Mon-Sat register+cost
Write-to-a-Prompt Writers' Group Thurs 10-12

Libraries

Book & Video Mon-Sat 10-2
Library of Congress Books**/ Talking Books,Audio Thurs 10-12
Wilkes Mon-Fri 9:30-7, Sat 9:30-1*

Social Activities (C)

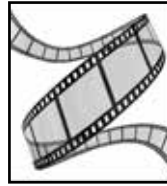
All Things Tech Fri 10-11:30
Bridge 4 Fun Tue+Thurs 1-5
Discussion Group B Wed 12-1:30
Everyday Mindfulness Mon 10-12
Film Aficionados Thurs 2-4:30
Games Group Mon 1-4
Mah Jongg Wed 2-4:30
Next Chapter Book Group 2nd Thurs 12-2
Scrabble Fri 11:30-1:30
Spanish/English Conversation Sat 11-12:30*
TED Talk Learning Seminars Tues 12-1:15
Tournament Scrabble Tues 12-1:50

Service and Support Groups *

Al-Anon (in Spanish) Mon 6-7:30, Wed 5:30-7:30
Lake Chapala Painting Guild 2nd Fri 1:30-3:30
Lakeside AA Mon +Thurs 4:30-5:30
Needle Pushers Tue 10-12
Open Circle Sun 10-11:30
Toastmasters Mon 7-8:30 p.m
US Voter Assistance Tues + Fri 10-12
Veteran's Outreach Starting Sept. 10 Mon 10-2

Ticket Sales

Mon - Fri 10 a.m. to 12 noon



Video Library September

All video rentals are now for five days.

The Video Library needs couriers to bring us DVDs. We pre-pay them and have them shipped to the address of your choice. Contact: keanhombre@prodigy.net.mx

LET'S MAKE MEXICAN CORN HUSK DOLLS
INSTRUCTOR: GENARO REYES GALLARDO

"The dolls were so beautiful that they became vain, and the gods decided to give them a lesson that changed their lives forever!"

\$350 MXN
October 26 & 27, 10:00-1:00 PM
Enrollment: Aug 20 to Oct 22 from 10:00 to 14:00 in the LCS Office

Membership must be current. No refunds.
The course fee includes all materials.
Non-members will be assessed a fee of \$250.

New Member Activities

Basic Yoga Wednesday from 2 to 3 p.m. Learn how to move, to maintain your alignment, and become comfortable with yoga poses. Bring a mat; chairs will be available.

Heart Dancing Tuesday 4 to 5:30 p.m. Gentle stretching and movement to music for all ages and physical conditions. Limited to 12 participants. Email to barbarahildt@gmail.com

Beginners Photography Second and fourth Monday of the month from 12 noon to 2 p.m. Email sambrit10@gmail.com.

Free Friday Family Films for September

Free Spanish language films for the family are shown every Friday at 7 p.m. at Wilkes *Biblioteca Publica de Ajijic* at Galeana #18. Open to the public. Bring the family.

Septiembre 7 *Extraordinario* Julia Roberts

Septiembre 14 *Nacho Libre* Jack Black

Septiembre 21 *El Caldero Mágico* Disney

Septiembre 28 *Hombre de Familia* Gerard Butler

Fiesta Mexicana in LCS

September 21 from 4 p.m. to 7 p.m. Includes Mexican meal, complimentary drink, Mariachi and Ballet Folklorico.

Tickets in LCS office from 10 a.m. to 2 p.m.

TED Talks

Tuesdays In the Sala 12 noon to 1:15 p.m. Members only. Bring your card.

Tuesday, September 4 The Success of Non-Violent Civil Resistance by Erica Chenoweth, political scientist. No longer available through TED Talks (find it on Youtube), this presentation is extraordinarily appropriate today. If the internet is not available, the facilitator may read the transcript aloud and provide you with copies. This talk is well-worth it.

Tuesday, September 11 How to Make Stress Your Friend by Kelly McGonigal, Health Psychologist. Stress. It makes your heart pound, your breathing quicken and your forehead sweat. But while stress has been made into a public health enemy, new research suggests that stress may only be bad for you if you believe that to be the case. McGonigal urges us to see stress as a positive and introduces us to an unsung mechanism for stress reduction: reaching out to others.

Tuesday, September 18 The Case for Optimism by Larry Brilliant, epidemiologist and philanthropist. We've known about global warming for 50 years and done little about it, says Google.org director Larry Brilliant. In spite of this and other depressing trends, he's optimistic. From Skoll World Forum, Oxford, UK, www.skollfoundation.org.

Tuesday, September 25 What We're Learning from Online Education Educator Daphne Koller, entices top universities to put their most intriguing courses online for free, not just as a service, but as a way to research learning. Koller with Coursera cofounder Andrew Ng, may discover an unprecedented pool of data on how knowledge is processed.

Amatitan Tres Mujeres Distillery Bus Tour

Look for a new LCS bus tour to the "true" birthplace of Mexico's signature beverage, tequila. Citizens of Amatitan have long claimed that *agave tequilana weber*, the blue variety of agave, from which authentic tequila is distilled, is native to the small canyon of El Tecuane near Amtitan.

Look for an announcement for the tour in an upcoming edition of the newsletter.

New American Legion Outreach Program

The American Legion Post 7 and LCS will sponsor a veterans' outreach program providing news and information about services available to veterans and their dependents every Monday starting September 10 from 10 to 2 p.m. on the Blue Umbrella Patio. Contact Roger Van Parys at (376) 766 4720 or email rvanparys@hotmail.com. Open to the public.

Costco Returns Thursday, September 20



Thursday Film Aficionados

Open to LCS members only. Bring your card. All films shown in the Sala from 2 to 4 p.m. No food. No pets.

September 6 Mostly Martha 2001 Germany

In a German restaurant, chef Martha is the undisputed supreme ruler, and woe to any customer who would dare criticize her cooking. The pressures of her private life and work combine to force her to call her attitudes and life choices into question. Shown here about ten years ago; one of the best "food themed" movies ever made. (103 minutes)

September 13 Run Lola Run 1998 Germany

After a botched money delivery, Lola has twenty minutes to come up with 100,000 Deutschmarks. This Sundance Festival winner is dazzling, creative, and exhilarating! Miss this one at your own peril! (77 minutes)

September 20 The Nightingale (Ye Ying) 2013 China

The story of an elderly man and his granddaughter who walk together through much of China with a bird in a cage. (97 minutes)

September 27 First Reformed 2018 USA

Forty-six-year-old Reverend Toller is the pastor at a historic church in upstate New York that was once a stop on the Underground Railroad that helped slaves escape to Canada. A tormented past and worldly concerns bring the pastor to the edge of despair. (109 minutes)

September Bus Trips

Wednesday, September 12 Centro Self-Guided Walking Tour Visit historic 17th, 18th and 19th century architecture and admire their stunning artwork and murals. The *Instituto Cultural Cabañas* is a must.

Relax and people watch in the beautiful plazas, have lunch in the *Plaza de los Laureles* or dine in the elegant Hotel Mendoza or other nearby dining spots.

Bus leaves promptly at 10 a.m. from the sculpture in La Floresta. Cost is \$370 for members; \$470 for non-members.

Wednesday, September 26 Galerías Mall/Costco

Major retailers like Sears, Best Buy and SuperWalmart are here. Dine at popular restaurants. Cost to members is \$370 pesos; non-members \$470. Bus will depart promptly at 9:30 a.m. from the sculpture in La Floresta.

Please note: Tickets must be purchased no later than two days before any LCS bus trip.

THE LAKE CHAPALA SOCIETY, A.C.

16 de Septiembre #16-A, Ajijic, Jalisco LCS Main Office: (376) 766-1140

Office, information and other services - Monday-Saturday, 10:00 a.m. to 2:00 p.m. Grounds open until 5:00 p.m.

LCS BOARD OF DIRECTORS

President - Carole Wolff (2020); Vice-President - Sandra Britton (2019); Secretary - George Radford (2020); Treasurer - Tim Boardman (2019);

Directors: Elizabeth Villaseñor (2020); Gin Pelzl (2020); Howard Feldstein (2019); Janis Sirany (2019);

Nicolas Hanson (2019); Philip Newbold (2020); .

Immediate Past President: Ben White * Executive Director - Terry Vidal

The LCS Newsletter is published monthly. Deadline for submissions is the 14th of the month preceding publication.

Submit all news items to lcsnewsletter2016@gmail.com

Note: The editorial staff reserves the right to edit all submissions according to time, space availability and editorial decision.